

TABLE OF CONTENTS 目 录

国医大师张大宁治疗肾性蛋白尿经验浅析

A Brief Analysis of the Experience of Daning Zhang, a Master of Traditional Chinese Medicine, in Treating Renal Proteinuria

毛芳艳, 刘兴国..... 2445

桡骨远端骨折的中西医治疗进展

Progress of Chinese and Western Medicine Treatment of Distal Radius Fractures

陈晓虎..... 2450

中医针灸治疗偏头痛研究进展

Research Progress of Acupuncture and Moxibustion of Traditional Chinese Medicine in Treating Migraine

王正阳..... 2457

基于络病理论探讨癫狂梦醒汤治疗痰瘀阻络型失眠症的作用机理

Based on the Theory of Collateral Disease to Explore the Mechanism of Diankuang Mengxing Decoction in the Treatment of Phlegm and Blood Stasis Type of Insomnia

王耀磊, 叶紫玉..... 2463

刘晓鹰教授运用经方治疗小儿杂病验案两则

Professor Liu Xiaoying's Two Cases of Treating Miscellaneous Diseases in Children with Classic Prescriptions

余亚玲, 刘晓鹰..... 2468

拨针松解联合臭氧对腰椎间盘突出症的临床疗效研究

Clinical Study on the Treatment of Lumbar Intervertebral Disc Herniation by Acupuncture and Ozone

吕冰, 楚子琰..... 2473

中医药分期论治小儿病毒性肺炎的研究进展

Progress of Research on Staged Treatment of Pediatric Viral Pneumonia in Chinese Medicine

陈洁, 薛凤池..... 2481

基于《金匱要略》探析消渴病的防治

Analysis on the Prevention and Treatment of Thirst Disease Based on Synopsis of Golden Chamber

马云飞, 吴淑琼, 匡鑫..... 2491

PCOS-IR 的病因病机及中西医治疗的研究进展

Research Progress on the Etiology and Pathogenesis of PCOS-IR and Its Treatment in Chinese and Western Medicine

张楚楚..... 2497

中枢介导性腹痛综合征中西医治疗进展**Centrally Mediated Abdominal Pain Syndrome of Abdominal Pain Syndromes of Traditional Chinese and Clinical Medicine**

田连华, 张继红.....2505

艾纳香纳米乳的制备及质量评价**Preparation and Quality Evaluation of *Blumea balsamifera* Nanoemulsion**

沈丽, 宋信莉, 付莉, 万开龙, 杨小双, 石佳楠, 杨胜磊, 钱舒琪, 陈丽.....2511

日本针灸的发展成就与特色研究**Study on the Development Achievements and Characteristics of Acupuncture and Moxibustion in Japan**

于欣, 陈露.....2527

中医药治疗肝硬化难治性腹水的研究进展**Research Progress on Traditional Chinese Medicine in the Treatment of Refractory Ascites in Liver Cirrhosis**

徐梓桥, 黄腊平, 吴艺锋.....2533

探讨“肺肠同治”在防治小儿哮喘中的应用**Exploring the Application of “Lung and Intestine Treatment” in the Prevention and Treatment of Bronchial Asthma in Children**

施浩源, 邓光锐.....2541

心脏 X 综合征中医药治疗的研究进展**Research Progress of Traditional Chinese Medicine Treatment for Cardiac X Syndrome**

李文慧, 杨冯静.....2545

中药外敷法治疗糖尿病足溃疡的研究进展**Research Progress of External Application of Traditional Chinese Medicine in the Treatment of Diabetic Foot Ulcer**

杜宇婷.....2550

腕管综合征的风险因素及针灸治疗**Risk Factors for Carpal Tunnel Syndrome and Acupuncture Treatment**

来锐, 匡昆淋, 张择伟, 柴钰波, 尹柄尊, 彭德忠.....2555

李红梅治疗肝郁肾虚型月经过少病临证经验**The Clinical Experience of Li Hongmei's Treatment of Liver Depression and Kidney Deficiency Syndrome**

叶沛奕.....2562

肾功能不全患者血糖管理策略**Strategies for Glycemic Management in Patients with Renal Insufficiency**

施庆, 张显林.....2566

基于湿瘀理论治疗痛风性关节炎的研究进展

Research Progress in the Treatment of Gouty Arthritis Based on the Theory of Dampness and Blood Stasis

王南玉, 佟颖, 李玉珩..... 2573

针灸治疗帕金森病的临床研究进展的分析

Analysis of Clinical Research Progress of Acupuncture Treatment for Parkinson's Disease

胡琳..... 2579

针刺治疗脑卒中后偏瘫的临床研究进展

Clinical Research Progress of Acupuncture in the Treatment of Hemiplegia after Stroke

曾仁杰, 解建利, 马莉..... 2584

揿针治疗妊娠期恶心呕吐的研究进展

Research Progress in the Treatment of Nausea and Vomiting during Pregnancy by Needle Embedding Therapy

陆润国, 高敬书, 王宇, 朱梦一, 张蓓, 谢恬, 吴效科..... 2590

桑菊饮合清金汤加减治疗病毒性肺炎急性加重期的效果观察

Observation on the Effect of Combining Sangju Drink and Qingjin Tang Plus Reduction in the Treatment of Acute Exacerbation of Viral Pneumonia

赵萍..... 2596

基于治风先治血理论探讨帕金森病证治

Discussion on Pattern Differentiation and Treatment of Parkinson's Disease Based on the Theory of "Treating Blood before Treating Wind"

梁舒渝, 黄小薇, 窦维华..... 2602

从湿论治抑郁症的理论探讨

A Theoretical Discussion on the Treatment of Depression from the Perspective of Dampness

刘俊倩, 田策, 吴节..... 2608

中医药治疗症状性颅内动脉粥样硬化性狭窄研究进展

Progress in the Study of Chinese Medicine for Symptomatic Intracranial Atherosclerotic Stenosis

邓鑫敏, 常文, 吕小锋, 来锐, 梁静涛..... 2613

慢性阻塞性肺疾病合并肺源性心脏病表型的中医证候研究进展

Overview for Phenotypes and TCM Patterns on Chronic Obstructive Pulmonary Disease Complicated with Chronic Pulmonary Heart Disease

杨英琦, 李洋, 杨绍星, 陈丽, 谭烨, 邓鑫..... 2619

中药熏洗联合非甾体类抗炎药治疗盘源性腰痛的临床疗效分析

Clinical Analysis of Fumigation and Washing with Traditional Chinese Medicine Combined with Non-Steroidal Anti-Inflammatory Drugs in the Treatment of Discogenic Low Back Pain

王亚东, 李志钢..... 2624

浅析从肝论治咳嗽**Analysis of the Treatment of Cough Based on Liver Theory**

再努尔古力·帕尔哈提, 凌瑞杰 2630

基于《金匱要略》水气病论治肾性水肿**Treatment of Renal Edema Based on Fluid-Qi Disease in *Synopsis of the Golden Chamber***

毛蓉, 周文祥 2635

基于文献挖掘探析气滞血瘀型神经根型颈椎病用药规律**Based on Literature Mining to Explore the Drug Administration Law of Qi-Stagnation and Blood-Stasis Type CSR**

姚广源, 董平, 郝华, 柏梅, 冯硕, 王悦 2640

针灸治疗周围性面瘫的临床研究进展**Progress of Clinical Research on Acupuncture Treatment of Peripheral Facial Paralysis**

陈昉, 熊源胤 2650

中西医治疗良性前列腺增生的研究进展**Research Progress of Chinese and Western Medicine in the Treatment of Benign Prostatic Hyperplasia**

杨旗宇 2655

中医治疗老年痴呆的研究进展**Research Progress in the Treatment of Senile Dementia with Traditional Chinese Medicine**

吴限, 刘鑫博 2665

纤维肌痛综合征发病机制及治疗研究进展**Research Progress on Pathogenesis and Treatment of Fibromyalgia Syndrome**

葛晶晶 2670

浅析肾气丸在肾病科中的临床应用**Analysis of the Clinical Application of Shenqi Pills in Nephrology Department**

张浙, 王彤 2675

辅助生育技术 IVF-ET 与妇科卵巢肿瘤发病关系及中医药干预的地位和意义探讨**The Relationship between Assisted Reproductive Technology IVF-ET and the Incidence of Gynecological Ovarian Tumors and the Position and Significance of the Intervention of Traditional Chinese Medicine**

欧韵怡, 俞瑾, 朱南孙, 董丽, 潘芳, 杨优州, 赵佳, 孟炜 2679

郑莉教授用乌梅丸联合脐针治疗厥阴失眠经验举隅**Professor Zheng Li Used Wumei Pills Combined with Umbilical Needles to Treat Jueyin Insomnia**

余敏, 郑莉, 杨超 2693

药物结合心理疗法治疗产后抑郁的疗效与安全性: 系统评价与 Meta 分析**Efficacy and Safety of Medication Combined with Psychotherapy in the Treatment of Postpartum Depression: A Systematic Review and Meta-Analysis**

李清燕, 李雨婷, 孙熔, 木本荣 2698

丹栀逍遥散治疗围绝经期汗证(肝郁化火型)体会**Danzhi Xiaoyao Treatment of Perimenopausal Sweating (Liver Depression Fire Type) Experience**

冉凤, 陈俊 2714

陈明岭教授以“脾肺同治”治疗角化性湿疹经验**Professor Chen Mingling's Experience in Treating Keratinized Eczema with "Lung Spleen Treatment"**

冯莺鸽, 冯漫离, 邹瑾, 谢晶杰, 陈明岭 2719

运用天麻钩藤饮合并血府逐瘀汤治疗老年原发性高血压(肝阳上亢兼血瘀型)经验**Application of Tianma Gouteng Yin Combined with Xuefu Zhuyu Decoction in the Treatment of Senile Essential Hypertension (Liver-Yang Hyperactivity Combined with Blood Stasis Type)**

陈媛, 陈朝金 2724

从“血”论治敏感性皮肤病**Treatment of Sensitive Skin Conditions from the Perspective of "Blood"**

张艺千, 段渠 2729

宋恩峰教授从肺、脾、肾三脏论治肺癌**Professor Song Enfeng Treats Lung Cancer from the Lung, Spleen and Kidney**

郝傲寒, 宋恩峰 2734

小檗碱微球的最新研究进展**The Latest Research Progress of Berberine Microspheres**

刘善钊, 王慧敏, 李斌 2739

近 5 年来针灸治疗干眼症的系统评价再评价**Acupuncture and Moxibustion in the Treatment of Dry Eye Disease in Recent 5 Years: An Overview of Systematic Reviews**

李丹妮, 孔寅子, 李庆云, 沈峰 2748

从《金匱要略》论治中医外科肛肠疾病**Treatment of Surgical Anorectal Diseases of Traditional Chinese Medicine from *Synopsis of Golden Chamber***

唐晓艳, 黎海龙 2757

基于网络药理学、分子对接探讨青蒿治疗脓毒症的作用机制**Based on Network Pharmacology and Molecular Docking, the Mechanism of Action of *Artemisia annua* in the Treatment of Sepsis Was Discussed**

周银 2761

《伤寒论》方名之临床意义探析**Analysis on the Clinical Significance of Prescription Names in *Treatise on Febrile Diseases***

匡振坤 2772

单纯推拿治疗小儿肌性斜颈近十年临床研究进展**Clinical Research Progress in the Past Ten Years on the Treatment of Congenital Myogenic Torticollis by Simple Tui-Na**

王邦铭, 李云宁, 李磊, 罗桂青 2776