

## TABLE OF CONTENTS 目 录

### **Application Value of Surface Electromyography in Knee Joint Sports Injury**

(表面肌电信号在膝关节运动性损伤中的应用价值)

B. C. LI, L. SHI, Z. Y. HE, D. HE.....1

### **Research on the Synergetic Sports Development Path of “Healthy Shanghai”**

(“健康上海”体育协同发展路径研究)

N. ZHANG, X. SHU.....7

### **Research on the Application of EMG Signals in the Development of Exoskeleton Powered Robots**

(肌电信号在外骨骼助力机器人发展中的应用研究)

B. C. LI, L. SHI, D. HE, D. N. GAO.....12

### **On the Construction of Folk Sports Associations in Vocational Schools**

(浅谈职业学校的民间体育社团建设)

Z. W. DU.....17

### **How to Improve the Practice Density of Physical Education**

(如何提高体育课练习密度)

H. P. SUN.....22

### **The Enlightenment of the Development of China’s Ice Hockey in the Perspective**

**of “Comparative Development of Chinese and Japanese Ice Hockey”**

(“中日冰球发展历程对比”视域下我国冰球运动发展的启示)

Z. Z. WANG.....26

### **Target of Exercise Intervention in AD—Muscle Factor Irisin**

(运动干预 AD 的靶点——肌肉因子鸢尾素)

G. X. XIE.....33

### **Study on the Influence of Red Stimulus on Sports Moral Judgment**

(红色刺激对运动道德判断的影响研究)

Y. L. ZHOU, L. GENG, X. B. HONG.....39

### **On the Improvement of the Teaching Ability of the “Double Teacher” PE Teachers**

**in Higher Vocational Colleges**

(高职院校“双师型”体育教师教学能力提高的探析)

Z. H. FU.....47