

TABLE OF CONTENTS

目 录

Analysis of the Causes and Prevention of Sports Injury in High School Sports Students
(浅析高中体育生运动损伤的原因与预防)

B. LI.....17

Research Overview of the Successful Physical Teaching Model
(成功体育教学模式述论)

Y. L. LIU.....25

The Effects of the Standing Vibration Strength Training on Cardiac Pumping Function in Young Men
(立姿振动力量训练对男青年心脏泵血功能的影响)

S. L. XU, Z. P. YAN, X. L. ZHANG.....30