

TABLE OF CONTENTS

目 录

生理学指标在运动处方中的应用分析

Analysis on the Application of Physiological Index in Exercise Prescription

石磊, 贺智裕, 彭习涛, 张斌南.....103

淮北市中老年人武术健身现状

Research on the Development Status of Huaibei City Wushu Fitness of Middle-Aged and Old People

吕若为, 孙健.....111

11~18 岁蒙古族男生首次遗精年龄与肥胖关系

The Relationship between the Age of First Spermatorrhea and Obesity in Mongolian Boys Aged 11 to 18 in Inner Mongolia Autonomous Region

孙梦瑶, 德力格尔.....117

我国义务教育阶段体育健康教育的研究述评

A Review of Researches on Sports Health Education in Compulsory Education in China

高学芳.....124

怀化霸王鞭舞发展现状研究

Research on the Development Status of Huaihua Bawangbian Dance

杨绍勇, 吴兮, 袁然, 孙健.....131

传播学视域下民间武术的文化反哺探析

Analysis on the Cultural Feedback of Folk Martial Arts from the Perspective of Communication

向秋平, 范铜钢.....136

基于中国知网的辟谷文献计量与可视化分析

Bibliometric Analysis of BiGu Literature Based on CNKI

兰一, 孙健.....143

教育部部属高校体育“十三五”规划之体育课程建设的比较研究

A Comparative Study on the Physical Education Curriculum Construction of the 13th Five-Year Plan of the Ministry of Education

陶源青青.....156

试析上海市高中体育校本课程开发

On the Shanghai Senior Middle School Sports School-Based Curriculum Development

舒翔.....163

后疫情背景下大众运动健身素养调查报告

Investigation Report on Mass Sports Fitness Literacy in the Background of Post-Epidemic Situation

肖斗杰.....170

基于 CiteSpace 的中国传统蹴类运动的研究热点及趋势分析

Research Hotspot and Trend Analysis of Chinese Traditional Cuju Sports Based on CiteSpace

刘晓玲, 孙健.....178