

TABLE OF CONTENTS

目 录

西双版纳户外运动进校园 SWOT 分析 SWOT Analysis of Xishuangbanna Outdoor Sports into Campus 马富莉, 杨亚坤, 李茂维	277
健康中国背景下城市社区老年体育服务供给的反思与优化策略 Reflection and Optimization Strategies on the Supply of Sports Services for the Elderly in Urban Communities under the Background of Healthy China 郭红莲, 谢光辉	283
期待视野下的我国校园足球政策执行力探究 Exploration of Implementation of China's Campus Football Policy under Anticipatory Perspective 何波, 李明	288
职业特色鲜明的健康体适能理念更新建设与实践研究 Research on the Renewal and Construction and Practice of the Concept of Health and Physical Fitness with Distinctive Occupational Characteristics 李伟才	294
天津师范大学公共体育课羽毛球教学现状调查 Investigation on the Current Situation of Badminton Teaching in Public Physical Education in Tianjin Normal University 马明谦	300
高校男子足球运动员反复冲刺能力和专项身体素质的特征分析 Analysis of Characteristics of Repeated Sprint Ability and Special Physical Quality of Male Football Players in Colleges and Universities 牛银涛, 荀露	312
当代竞技心理学和锻炼心理学的研究进展及未来展望 Research Progress and Future Prospects of Contemporary Competitive Psychology and Exercise Psychology 马巍	318
基于 CiteSpace 知识图谱的竞技体育研究热点分析 Analysis of Competitive Sports Research Hot Spots Based on CiteSpace Knowledge Graph 谭茜琳	326
天津市高校体育教育专业足球专项课教学现状及对策研究 Research on the Current Situation and Countermeasures of Football Special Teaching in Physical Education Major of Colleges and Universities in Tianjin 周梦洋, 李凯旋	340

基于风险管理视角的青少年游泳培训风险规避研究 Research on Risk Avoidance of Youth Swimming Training from the Perspective of Risk Management	
李露露	352
羽毛球女子单打运动员陈雨菲、安洗莹、戴资颖的技术对比研究 Comparative Study on the Skills of Badminton Women's Singles Players Yufei Chen, Xiying An and Ziying Dai	
李传升, 李晓倩, 徐志华	362
“一带一路”背景下民间传统体育项目的传承与推广 Inheritance and Promotion of Traditional Folk Sports in the Context of “One Belt and One Road”	
杨许艳	373
体育游戏在职业本科高校羽毛球选修课中的作用及对策研究 Research on the Role and Countermeasures of Sports Games in Badminton Elective Courses in Vocational Undergraduate Colleges and Universities	
阮振东	379
学生体质健康标准演变对辽宁省高校体育教学改革的影响分析 Analysis of the Effects of the Evolution of Student Physical Health Standards on the Reforms of Physical Education Teaching in Colleges in Liaoning Province	
田超, 陈美怡	385
基于教育数字化背景的线上体育教学研究分析 Research and Analysis of Online Physical Education Teaching Based on Digital Education Background	
吕康, 杨雪	390
仰泳中水下腿和身体不同位置的研究 Study on Different Positions of Underwater Leg and Body in Backstroke	
何纲	395
家庭体育文化对青少年体质健康的影响与对策研究 Study on the Impact and Countermeasures of Family Sports Culture on the Physical Health of Adolescents	
龙盛勤	401
合肥市羽毛球俱乐部经营状况的研究 Research on Operating Conditions of Hefei Badminton Club	
胡雨佳	407
智慧管理模式下高校学生体质健康实现路径研究 Research on the Realization Method of Physical Health of College Students under Intelligent Management Mode	
田超, 陈美怡	417

基于云平台技术探索运动类 APP 对高职院校学生体质健康促进的应用效果研究 Research on the Application Effect of Promotion of the Sports APP of Higher Vocational College Students' Physical Health Based on the Cloud Platform Technology	
曾洁, 易强, 胡瑶	422
肇庆市公共体育场馆设施管理与发展研究 Research on the Management and Development of Public Sports Venues Facilities in Zhaoqing City	
谭龙杰, 周志鑫	431
体育教育中培养学生领导力的理论与实践探究 The Theory and Practical Exploration of Cultivating Students' Leadership in Physical Education	
茹少然	437
重庆市高职院校学生体育素质评价指标体系构建与实证研究 Construction and Empirical Study of the Evaluation Index System for Physical Fitness of Vocational College Students in Chongqing	
胡寄洲, 胡桂锋, 刘永森	443
国风热背景下民族传统体育精神融入高校思政工作的路径研究 Research on the Path of Integrating the National Traditional Sports Spirit into the Ideological and Political Work in Colleges and Universities under the Background of National Style Fever	
朱风刚, 韩文婷	451
OBE 理念下普通高中体育与健康课程体系建设初探 A Preliminary Study on the Construction of Physical Education and Health Curriculum System in General High Schools under the Concept of OBE	
胡南南	456
乡村小学体育课程资源开发与利用状况研究 Research on the Development and Utilization of Physical Education Curriculum Resources in Rural Primary Schools	
张喜友, 李诺	462