

TABLE OF CONTENTS

目 录

Health Preservation and Promotion Practice and Its Modern Significance of Chen Yingning and His Apprentice Hu Haiya

(陈樱宁和胡海牙师徒的养生实践及现代意义)

Z. L. CHENG, M. Y. ZHAO, X. Y. CAO, Z. Q. CHENG.....9

“Di Shu Ordered” Problem of the Mourning Apparel System in the Pre-Qin Period

(先秦丧服制度中的嫡庶有序问题初探)

J. ZHANG.....21